CAPSA

CATHOLIC ALLIANCE FOR PEOPLE SEEKING ASYLUM

Where Does This Story Take You?

Think of yourself today as being on a journey during which you have heard a story. The following questions are a chance for you to clarify for yourself what your response to the story is going to be in the future.

1. Some facts I learnt today or heard about again:

2. Something I have had explained today, that I knew perhaps, but understand better now:

3. Something that made me feel differently, or strengthened a feeling I already had:

4. Something I would now like to do, even if it does not seem feasible at the moment:

5. Something I commit myself to doing:

Action:

By when?

6. Something that will help me to be true to my commitment – it may be talking to someone about it, putting it in the diary, or asking someone else to do it with me: